



katalyst church
a revolution of love

let's talk
about
SEX



God's Design

let's talk
about
SEX



Our Influence From Media

Hours
Per Day

Hours
Per Week

Hours
Per Year

1	7	364
2	14	728
3	21	1,092
4	28	1,456
5	35	1,820
6	42	2,184
7	49	2,548
8	56	2,912
9	63	3,276
10	70	3,640

**By making sex seem dirty,
wrong and corrupt,
the enemy has stolen one of
our greatest weapons in
preserving marriages:
a good sex life.**

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God's Design for Sex

- God's not embarrassed about sex
- Sex is God's idea

Types of Intimacy

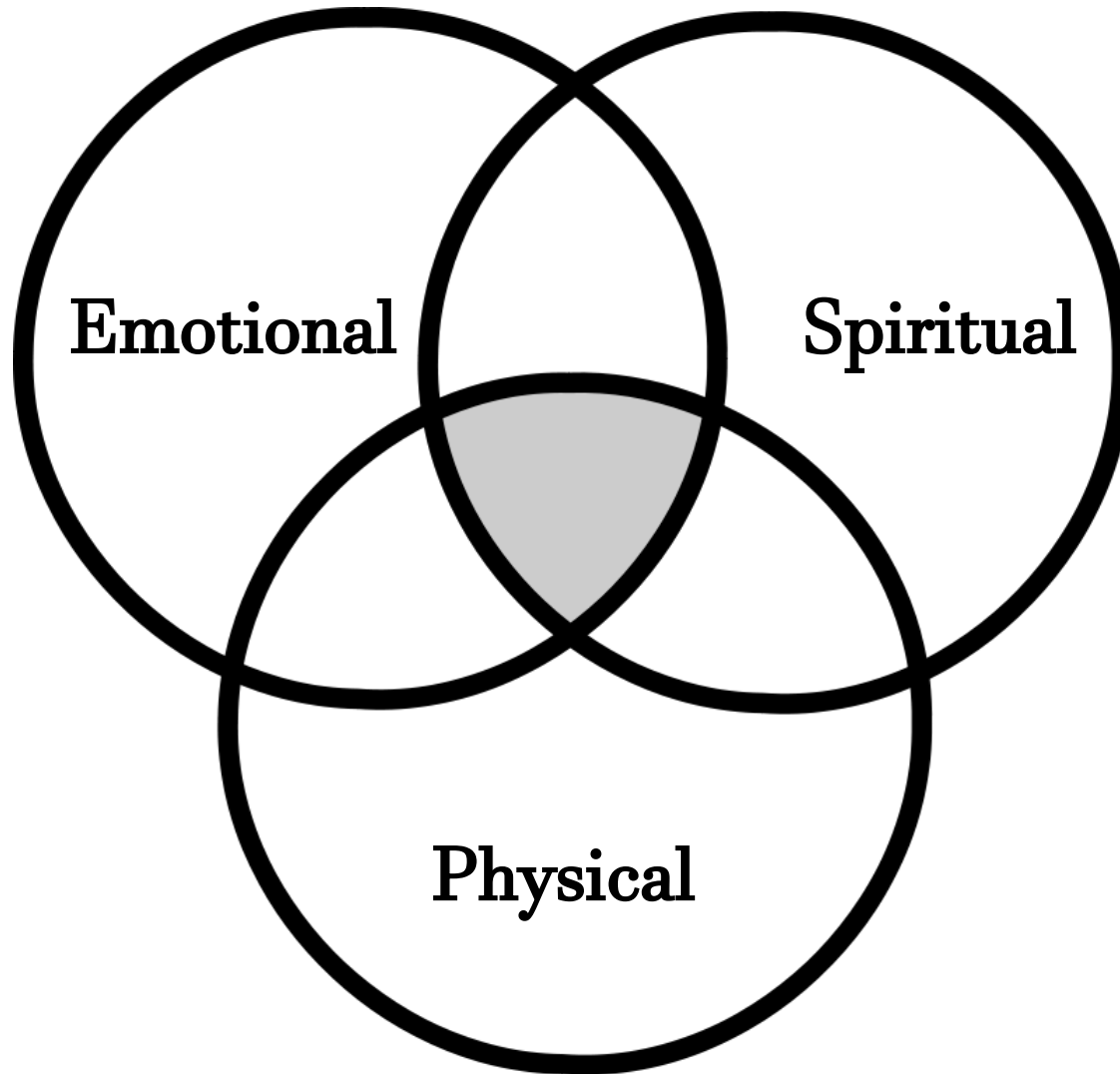


Emotional

Spiritual

Physical

God's Design for Intimacy in Marriage



God's Design for Sex

- God's not embarrassed about sex
- Sex is God's idea
- Sex is good
- Sex is powerful

Practical Purity

- Don't believe the lies
- Surround yourself with good people and good input
- Talk
- Know what you need to flourish and find healthy ways to get those needs met
- Protect yourself
- Protect those you care about
- If you're struggling, call for help!

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