



katalystchurch
a revolution of love

let's talk
about
SEX



Fighting Sexual Immorality for Great Sex

Great sex is God's plan

SO....

He wants us to stay away from sexual immorality

1 Thessalonians 4:3-5

For this is the will of God, your sanctification: that you abstain from sexual immorality; that each one of you know how to control his own body in holiness and honour, not in the passion of lust like the Gentiles who do not know God

Know and trust in God's plans and purposes for you

Don't....

let the focus be on rules

Proverbs 3:5-6

Trust in the Lord with all your heart;
do not depend on your own understanding.

Seek his will in all you do,
and he will show you which path to take.

Tools to fight sexual immorality

Conversation

Breaks down barriers, bring light to darkness, allows truth to be spoken and intimacy to be deepened in relationships

Humility

Philippians 2:3-8

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others. In your relationships with one another, have the same mindset as Christ Jesus: Who, being in very nature God, did not consider equality with God something to be used to his own advantage; rather, he made himself nothing by taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself by becoming obedient to death, even death on a cross!

Vulnerability

Genesis 39: 7 -12

Vulnerability is **NOT** weakness, it allows us to

- be teachable
- teacher others
- acknowledge we don't all it all together
- understand we will not always back the best choices

Self control

The ability to control oneself, in particular one's emotions and desires, especially in difficult situations (Oxford Dictionary)

Matthew 4:1-11

Self control is a journey of handing over challenges and lies to God, the most important key to gaining self control over areas in our lives is through relationship with God.

Self control helps us to understand and experience the value of delayed gratification

Fighting for the Message of Restoration

We have such an amazing God, whose whole being is all about restoration and healing. However this is not the message often heard from the wider church when we talk about sexual immorality.

Shame can create barriers between us, God and others

God's desire for restoration and healing should be our **LOUDEST** message

Psalm 103:12

He has removed our sins as far from us as the east is from the west

Ephesians 2:13

Now in Christ Jesus you who once were far off have been made near by the blood of Church

'I know what the devil will say to you. He will say to you, 'You are a sinner!' Tell him you know you are, but that for all that, you are justified. He will tell you of the greatness of your sin. Tell him of the greatness of Christ's righteousness. He will tell you of all your mishaps and your backslidings, of your offences and your wanderings. Tell him, and tell your own conscience, that you know all that, but that Jesus Christ came to save sinners, and that, although your sin be great, Christ is quite able to put it all away.'

Charles Spurgeon